

IPCD 2025 - AGENDA

Time (hrs)	IPCD '25 - Day 1 - Saturday 22nd February 2025			
	Day 1 Conference Registrations & Coffee			
8:00 - 9:00	Welcome Address <i>Dr Kirin Hilliar, Lead of IPCD Organizing Committee and Assistant Professor of Psychology, Heriot-Watt University Dubai</i>			
9:00 - 9:15	Keynote Address <i>Fostering empathy everywhere: enhancing interpersonal relationships across all contexts to enhance wellbeing and productivity</i> <i>Mimi Nicklin</i>			
9:15 - 10:15	Poster Session (with Morning Tea)			
10:15 - 11:00	Clinical and Health Psychology Stream	Business & Coaching Psychology Stream	Developmental & Educational Psychology Stream	Applied Cognitive & Social Psychology Stream
	PANEL The evolution of maternal and infant mental health in the UAE: From practice to policy. Dr Rose Gonzalez Logan, Dr Marie Thompson & Dr Charlotte Cousins	Hiring Future-Ready Early Talent: A Research Report. Tania Al Abdala & Madeleine Anne York Harling	WORKSHOP Creative conversations with children: Using the arts when 'talking' isn't enough. Dr Lamya Tawfik	11.00-11.25: Moving beyond the superficial: Reimagining Equity and Wellbeing in Organisational DEI Strategies. Irfaan Arif 11.30-11.55: Cultural, social and individual barriers and resources as predictors of the cultural adaptation and acculturative stress of the Third Culture Kids (TCKs) in the United Arab Emirates. Dr Magdalena Mosanya
11:00 - 12:00	Lunch			
12:00 - 13:30	13.30-13.50 A Virtual Psychoeducation Framework to Enhance Medication Adherence and Post-Discharge Care in Malaysian CHD Patients: Preliminary Findings. Dr Nor Firdous Mohamed	13.30-13.45 Insights from peer coaching. Benita Maben	13.30-13.45 The Power of Emotional Intelligence in Parent-Teen Relationships: A Key to Effective Parenting. Dr Maya Al Hawary	13.30-15.00 WORKSHOP Mapping Change: Conducting Scoping Reviews to Synthesize Knowledge. Dr Shanu Shukla
	13.55-14.15 Predicting Health Behaviour in the UAE: A Theory of Planned Behaviour Approach. Dr Minu Mathews, Dr Ishfaq Vaja, & Dr Hajar Aman Key Yekani	13.48-14:03 A patchy map of what coaching means in the MENA and Arab world. Silvia King	13.50-14.05 Navigating Change: Exploring the Role of Family Functioning and Positive Youth Development in Shaping Adolescents' Materialistic Values. Dr Aisha Perveen	
13:30 - 15:00	14.20-14.40 Exploring the Evolving Perspectives on Career Aspirations and Parenthood Amongst Females in the UAE. Ms Nokhez Usama & Dr Vaja Ishfaq	14.06-14:21 Designing and Validation of an Integrative Coaching Psychology Intervention Program. Dr Amir Mohammad Pahlavnejad	14.10-14.25 The RUT Factor: Analysing changes in student readiness to undertake tasks with a moderating role of Generative AI via a structured intervention. Amaan Iqbal Ibrahim	14.30-14.45 Development and validation of innovative assessment measures for Special Needs in UAE. Dr Ansarullah Tantry
	14.45-15:00: Joint Q&A	14.24-14.39 The development and testing of an integrated neuroscience coaching framework for transformational leadership development. Liesl Keen	14.42-14.57 Scaling Peer Support in a Country Lacking Mutual Aid: Implementing Recovery Coaching in Qatar. Naetha Uren	
15:00 - 15:30	Poster Session (with Afternoon Tea)			
15:30 - 17:00	15.30-15.50 Contemplative Spaces and Nature-Based Interventions in Mental Health: Botanic Gardens as Therapeutic Environments. Dr Koncha Pinos	15.30-15.45 Beyond quotas: Uncovering challenges and motivation factors in promoting inclusive leadership towards Emirati's in the banking/finance sector. Alia AlFardan & Dr Gary Pheiffer	15:30-15:45 Mirror to Mind: Unveiling How Reflection Shapes Critical Thinking. Sharmila Fathima	15.30-15.55 Wait, don't all autistic people...?" Examining differences in autism understanding and awareness in the UAE and the UK. Leyli Afsari
	16.00-17:00 WORKSHOP Dialectical Behavior Therapy for Substance Use Disorders (DBT-SUD): A Comprehensive Workshop. Dr Ahmed Abdelkarim	15.48-16:03 Understanding the lived experience of female expatriate leaders in the UAE, in order to create a more inclusive workplace. Kerry Gird & Dr Gary Pheiffer	15.50-16.05 The Impact of Education Trajectory, Epistemological Beliefs, and Cultural Beliefs on Critical Thinking Disposition for East Asian Learners. Leila Lai	16.00-16.25 Personality Traits and Psychological Needs: Understanding Attitudes Toward AI in a Rapidly Changing World. Dr Rabia Aftab
17:00	16.24-16.39 The Experience of Role Congruity among Female Managers in the UAE and its Impact on Perceived Psychological Safety in the Workplace. Michelle Kirkinis Belligan & Dr Gary Pheiffer	16.06-16.21 Gender-Work Identity Conflict Among Female Managers in the United Arab Emirates: A Scoping Review of Psychological Mechanisms and Research Gaps. Riffa Fathima Syed	16.10-16.25 Adolescent's Wellbeing and Academic Achievement in relation to their Perceptions of Maternal Parenting Practices. Dr Sajid Iqbal Alyana & Kiran Mushtaq	16.30-16.55 Beyond Diversity: Addressing Subtle Discrimination in Multicultural Environments. Dr Hajar Aman Key Yekani, Ria Viswanathan, Ankita Kristine D'silva, Irha Mateen & Zaida Jafar
	16.42-16.57 Exploring factors influencing students' attitudes towards help-seeking within the context of Gender and Academic Stress. Tahoor Fatima Shaik	16.42-16.57 Exploring factors influencing students' attitudes towards help-seeking within the context of Gender and Academic Stress. Tahoor Fatima Shaik	16.30-16.45 Joint Q&A.	
17:00	Finish Day 1			
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IPCD '25 - Day 2 - Sunday 23rd February 2025				
8:30 - 9:00	Day 2 Conference Registrations & Coffee			
9:00 - 10:30	Clinical and Health Psychology Stream	Business & Coaching Psychology Stream	Developmental & Educational Psychology Stream	Applied Cognitive & Social Psychology Stream
	Poster session (9am-10:30am)			
9:00 - 10:30	9.00-10.30 WORKSHOP Accelerating Change: Solution-Focused Strategies for Single Session Therapy. Shima Husen	9.00-10.30 WORKSHOP The Importance of Building Psychological Safety in your Organisation. Farhan Bhatti	9.00-10.30 WORKSHOP Beyond the Past: Parenting with Awareness and Compassion. Sharanya Venkataraman, Zena Takieddine & Dr Sarah Bougary	9.00-9.25 A behaviour change experiment: Can showing drivers they are poor multitaskers discourage them from texting while driving? Vanessa Heywood
		9.00-10.30 WORKSHOP Mastering Change: Unleashing the Power of Adaptability. Maria Nova		9.30-9.55 Intellectual Humility Reduces Overestimation in a Matrix Reasoning Task. Dr Mariana Veiga Bettio Coutinho & Baroka Saeed Binishaq
10:30 - 11:00	Morning Tea			
11:00 - 11:45	Keynote Address <i>Transforming Healthcare through Health Psychology and Behavioural Medicine: Integrating Mental and Physical Health for Optimal Outcomes</i> <i>Dr Lisa Newson</i>			
11:50 - 12:30	11.50-12.30 DBT Training and Implementation in The Arab World, 10 Years Experience Dr Ahmed Abdelkarim	11.50-12.05 Team's resilience and psychological safety: the role of leadership during change. Agata Perepeczko	11:50-12:05 Beyond Screen Time: The Impact and Complex Psychology of Digital Addiction and Social Media Usage as a form of student engagement in South African Higher Education. Dr Nirashnee Padayachee	12.00-12.25 Neurocognitive Effects of Sleep Apnea in Adults with ADHD: A Comprehensive Review. Dr Safina Naaz
		12.08-12.23 Workplace wellbeing at the crossroads of cultures: understanding managerial experiences in the UAE's diverse work environment. Simon Welsh	12.08-12.23 Digital Detox as a Tool for Enhancing Focus and Learning: A Critical Examination in Modern Educational Settings. Sinan Abdullah	
12:30 - 13:30	Lunch			
13:30 - 14:00	Poster Session			
14:05 - 15:00	14.05-14.45 Strategies for Effective Teaching and Developing Soft Skills For Healthcare Professionals. Dr Aref Alabed	14.05-14.20 Examining the predictors of green behaviours in the workplace – a higher education perspective as a change maker. Dr Cakil Agnew	14.05-14.20 Developing Strategic Readers: Enhancing Self-Efficacy and Fostering Positive Attitude toward Reading through Habits of Mind to Embrace Change. Dr Asma Amin	14.05-14.30 Reimagining Mental Health Labels in a Changing World: A Cultural Perspective. Seiara Imanova
			14.25-14.40 Exploring the Impact of a Growth Mindset Intervention on Academic Outcomes: Evidence from Argentinian High Schools. Juan Soto	
15:00 - 15:30	Poster Session (with Afternoon Tea)			
15:30 - 17:00	15.30-15.45 Who Do You Talk To When You Face A Clinical Problem? Exploring the Clinical Supervision Landscape in the UAE. Dr Chasity O'Connell	15.30-15.35 Integrating Intra-Disciplinary Mixed-Methods to Advance Understanding of Workplace Wellbeing. Dr Zoë Fortune	15.30-15.50 Shifting attitudes: creating neurodiversity-affirming spaces and communities. Anna Kaminski	15.30-17.00 WORKSHOP Cognitive Screening and Assessment with the MoCA and MoCA XpressO. Dr Jacquelyn Berry & Dr Jamie Berry
	15.50-16.05 Unlearning the Old, Embracing the New: Decolonizing Mental Health Practices. Sharanya Venkataraman	15.38-15.48 A Developing Research Agenda on Workplace Wellbeing in the UAE. Nariman Elewa	15.51-16.06 Competing Devotions: How expatriate women and men experience the duality of career and family in the UAE. Tina Dias	
15:30 - 17:00	16.10-16.25 Addressing Intimacy in Couples Therapy in Culturally Sensitive Societies: Approaches and Considerations. Nashwa Tantawy	16.09-16.24 What is parentence? How becoming a parent changes you and what companies need to consider. Maddy Scott	15.55-16.15 Executive functioning, time perception, and prospective memory problems in adults with dyslexia. Dr Charles Ageypong-Mensah	
	16.30-16.45 Are Marriages on a Decline? A Solution-Focused lens to Marital Therapy. Dr Sonakshi Ruhela	16.27-16.42 Thriving in the Modern Workplace: Insights and Interventions for Burnout Prevention and Sustainable High Performance. Matthew Bartlett-Bond	16.20-16.40 Assistive Technology Use in Special Needs Education: A Review of Current Evidence. Dr Ansarullah Tantry & Dr Nida Khan	
17:10 - 17:30	16.50-17.00: Joint Q&A	16.45-17.00 Managing Change: The role of social and supervisory support in enhancing wellbeing among expatriate workers. Ayca Demiran	16.45-17.00: Joint Q&A	
17:10 - 17:30	Closing comments & winner of the inaugural IPCD Innovator Award			