## IPCD 2023 - AGENDA

| IPCD 2023 - AGENDA                                  |   |  |   |   |
|---|---|--|---|---|
| SATURDAY<br>(14th Oct 2023)                         | 09:00 - 09:45   | Conference Registrations & Coffee  |   |   |
| Venue:<br>Dubai Knowledge                           | 09:45 - 10:00   | Opening Session Professor Dame Heather McGregor, Provost & Vice Principal of Heriot-Watt Univ  |   |   |
| Park Conference<br>Centre                           | 10:00 - 11:00   | Keynote Speaker 1:  Dr Dimitrios Tsivrikos   |   |   |
| 9:00 - 12:15  | 11:00 - 11:15   | Unravelling 'phygital' work practices among employees: Examining the good, the bad, as  Break  Keynote Speaker 2:  |   | good, the bad, and the ugly.  |
|   | 11.00-11.13   |  |   |   |
|   | 11:15 - 12:15   |  |   | y less WEIRD  |
| Venue:<br>Heriot-Watt<br>University                 | 12:15 - 13:30   |  | Lunch   |   |
| Dubai Campus  |   | Clinical and Counselling<br>Psychology Stream  | Organisational, Coaching and<br>Differential Psychology Stream  | Child/Adolescent, Education and Design Psychology Stream  |
|   | 13:30 - 14:15   | Integrating technology in the assessment and treatment of neuropsychological disorders.  Dr. Clarice Mendonca-King & Carla Khalil  | Menopause and Mental Health: A time for change and the role of psychology. Dr Sarah Lawson  | Fizzy feelings and confident parenting: The benefits & challenges of providing online parenting interventions in the digital era.  Dr. Lauren Smith   |
|   | 14:25 - 15:10   | Disconnected addiction: Unraveling the psychological depths of Compulsive Smartphone Dependency and its impact on mental well-being. Dr. Saiyida Tasmeera & Dr. Yasir Masood Afaq  | Building a resilient workforce<br>in the Digital Age: A recipe for<br>a thriving, motivated and<br>engaged workforce.<br>Agata Perepeczko   | Personalized learning through<br>technology: A game changer for<br>skills development in children with<br>learning disabilities.<br>Amal Shoaeb Kasmani   |
|   | 15:20 - 16:05   | Enhancing engagement in virtual therapy with people who have a diagnosis of personality disorder.  Dr. Emma Smith & Dr. Elena Touroni  | The importance of Digital Detox on employee well-being and practical suggestions for organizations and employees.  Ayca Demiran   | Psychology meets digital media<br>meets pedagogy.<br>Greg Fantham, Lucy Kendra, Colin<br>Morris & Conrado Silva de Farias   |
|   | 16:05 - 16:45   | Afternoon Tea  |   |   |
|   | 16:45 - 17:30   | Technology & Art Psychotherapy: The pros and cons. Natalia Gómez-Carlier, Sara Powell  | Dads, diapers & deadlines: How<br>working fathers are balancing work<br>and family life in the Middle East.<br>Valerie Berthelsen   | Humanising learning in the Digital<br>Era.<br>Dr. Sonakshi Ruhela   |
|   | 17:40 - 18:25   | Development of Bibliotherapy and E-<br>Counselling Intervention (BECI)<br>module for parents of intellectually<br>disabled children<br>Oindrila Paul   | Supporting graduates entering the workplace: Mental health, skills & digital literacies.  Dr Zoë Fortune  | Digitally parenting preteens in the UAE: A cross-cultural qualitative study.  Luna El Khaldy  |
|   | 18:30   | Finish Day 1   |   |   |
|   | SUNDAY  |  |   |   |
| SUNDAY<br>(15th Oct 2023)                           | 08:30 - 09:00   | Conference Registrations & Coffee  |   |   |
| Venue:<br>Heriot-Watt<br>University<br>Dubai Campus |   | Clinical and Counselling<br>Psychology Stream  | Organisational, Coaching and<br>Differential Psychology Stream  | Child/Adolescent, Education and Design Psychology Stream  |
|   |   | WORKSHOP (2.5 hours): Online therapy: how to use Dialectical   | WORKSHOP (2.5 hours): How to improve communication and clinical   | WORKSHOP (2.5 hours): Media   |
|   | 09:00 - 11:30   | Behaviour Therapy (DBT) skills<br>training for emotion regulation.<br>Dr. Elif Celebi Adam<br>Limited to 30 delegates  | outcomes for patients: E-PILL and "medutainment" in practice. <u>Dr. Rafal Sztembis, Martyna Jasina</u> <u>&amp; Paulina Kruczek</u> <u>Limited to 40 delegates</u>   | literacy meets creative art therapies: Exploring the use of an artistic modality to mediate children's excessive screen time. <u>Dr. Lamya Tawfik</u> <u>Limited to 40 delegates</u>  |
|   | 09:00 - 11:30<br>11:35 - 12:45  | training for emotion regulation. <u>Dr. Elif Celebi Adam</u>   | "medutainment" in practice. <u>Dr. Rafal Sztembis, Martyna Jasina</u> <u>&amp; Paulina Kruczek</u>  | literacy meets creative art therapies: Exploring the use of an artistic modality to mediate children's excessive screen time. Dr. Lamya Tawfik  |
|   |   | training for emotion regulation. <u>Dr. Elif Celebi Adam</u>   | "medutainment" in practice.  Dr. Rafal Sztembis, Martyna Jasina  & Paulina Kruczek  Limited to 40 delegates  Lunch  PANEL (70 mins, starting 12.45):  Embracing the Digital  Transformation in Business  Psychology: A Path to Innovation and Impact.   | literacy meets creative art therapies: Exploring the use of an artistic modality to mediate children's excessive screen time. Dr. Lamya Tawfik  |
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